

## 2016 Spring Game Day Rules Sheet

<b>NORCAL AGE GROUP</b>	<b>AGE GROUP ON MSL</b>	<b>MINUTES PER HALF</b>	<b>HALFTIME DURATION</b>	<b>PLAYERS ON FIELD</b>	<b>BALL SIZE</b>	<b>HEADING ALLOWED?</b>
U8	U9	25	5	7 v 7	4	No
U9	U10	25	5	7 v 7	4	No
U10	U11	30	5	9 v 9	4	No
U11	U12	30	5	9 v 9	4	No
U12	U13	35	10	11 v 11	5	Yes
U13	U14	35	10	11 v 11	5	Yes
U14	U15	40	10	11 v 11	5	Yes
U15	U16	40	10	11 v 11	5	Yes
U16	U17	40	10	11 v 11	5	Yes
U17	U18	45	10	11 v 11	5	Yes
U18	U19	45	10	11 v 11	5	Yes
U19	U19	45	10	11 v 11	5	Yes
This rules sheet matches the NorCal Handbook (2016 Spring) PDF as of 2016-04-13.						